



# CACREP Guiding Statement

## Guiding Statement on 2016 CACREP Standard 2.F.5.m

Standard 2.F.5.m states the following:

*F. The eight common core areas represent the foundational knowledge required of all entry-level counselor education graduates. Therefore, counselor education programs must document where each of the lettered standards listed below is covered in the curriculum.*

### *5. COUNSELING AND HELPING RELATIONSHIPS*

*m. crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid*

Standard 2 F.5 is embedded within one of CACREP's required eight core curricular areas – Counseling and Helping Relationships. To document this specific requirement within Standard 2F programs must show how every student has an opportunity to gain knowledge and/or skills in crisis intervention, trauma-informed, and community-based strategies. While the standard provides an Psychological First Aid as an example of one approach for working with children, adolescents, adults and families in the aftermath of disasters and other forms of trauma, CACREP recognizes other well developed programs exist such as those offered through the American Red Cross or NBCC's Mental Health Facilitator.